

Roasted Vegetables



Ingredients

- half a pack *Carla's Vegetable Seasoning*
- 1 orange pepper
- 1 red pepper
- 1 courgette
- 1 large or 2 small red onions
- 1 parsnip



SERVES 2-3



PREP TIME 20 mins



COOKING TIME 40 mins

Instructions

- Prepare and cut vegetables into approx. 3cm cubes and place in a bowl
- Add 2 tbsp of vegetable oil and half a packet of Carla's Vegetable Seasoning and stir until well coated
- Tip onto a prepared baking tray and cook in a pre-heated oven at 180°C for 40 minutes.

Carla's product used in this recipe: **Tuscan Blend**

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